

# Simply Study: Philippians 4

One book at a time.

One day at a time.



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# Simply Study: Philippians 4

Welcome to Simply Study!

Have you had enough of rushing through your Bible study time, trying to keep up with someone else's daily study schedule?

Have you ever finished a daily devotional and marveled at the fact that you barely read a verse of scripture?

Do you long to spend your quiet time soaking in one book of the Bible?

Me too!

Simply Word is a daily Bible study based in one book of the Bible. There's no rush, no scramble. Take as much time as you like to meander with God through one book of the Bible.

## Simple pieces

- **Simply read** Repeated readings will help you meditate on truths of God's word.
- **Simply mark** Let loose your creative side as you simply mark the daily scripture reading passage.
- **Simply answer** Look back in the scripture to answer questions about the text.
- **Simply reflect** Consider what God is speaking to your heart and record your thoughts.
- **Simply act** Become a doer of the word as you decide how to apply what you have learned.
- **Simply pray** Pray to God about what He has placed on your heart during your study time.

Let's get started!



Focus deeply.  
One book at a time.  
One day at a time.

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# Simply Study: Philippians 4, Session I

## Session 1

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

## Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Also ask Him to open the eyes of your heart to hear from Him in your study time today.

## Simply Read

Today we are going to read all of chapter 4 of Philippians. Please read straight through without stopping.

## Philippians 4 RSV

- 1 Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.
- 2 I entreat Eu-o'dia and I entreat Syn'tyche to agree in the Lord.
- 3 And I ask you also, true yokefellow, help these women, for they have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.
- 4 Rejoice in the Lord always; again I will say, Rejoice.
- 5 Let all men know your forbearance. The Lord is at hand.
- 6 Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
- 7 And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.
- 8 Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things.
- 9 What you have learned and received and heard and seen in me, do; and the God of peace will

# Simply Study: Philippians 4, Session 1

be with you.

10 I rejoice in the Lord greatly that now at length you have revived your concern for me; you were indeed concerned for me, but you had no opportunity.

11 Not that I complain of want; for I have learned, in whatever state I am, to be content.

12 I know how to be abased, and I know how to abound; in any and all circumstances I have learned the secret of facing plenty and hunger, abundance and want.

13 I can do all things in him who strengthens me.

14 Yet it was kind of you to share my trouble.

15 And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving except you only;

16 for even in Thessalonica you sent me help once and again.

17 Not that I seek the gift; but I seek the fruit which increases to your credit.

18 I have received full payment, and more; I am filled, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God.

19 And my God will supply every need of yours according to his riches in glory in Christ Jesus

20 To our God and Father be glory for ever and ever. Amen.

21 Greet every saint in Christ Jesus. The brethren who are with me greet you.

22 All the saints greet you, especially those of Caesar's household.

23 The grace of the Lord Jesus Christ be with your spirit.

## Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.





# Simply Study: Philippians 4, Session I

## **Simply Reflect**

Review your notes and markings for today.

What is God saying to you through His Word?

What verse/verses speak to you the most?

## **Simply Act**

What do you need to do because of what you learned today?

## **Simply Pray**

In the space below, write your prayer to God about what He has placed on your heart during your study time.

# Simply Study: Philippians 4, Session 2

## Session 2

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

## Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to make you sensitive to what He is trying to teach you through His Word.

## Simply Read

Today, please read Philippians 4:1-8 .

## Philippians 4 RSV

- 1 Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.
- 2 I entreat Eu-o'dia and I entreat Syn'tyche to agree in the Lord.
- 3 And I ask you also, true yokefellow, help these women, for they have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.
- 4 Rejoice in the Lord always; again I will say, Rejoice.
- 5 Let all men know your forbearance. The Lord is at hand.
- 6 Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
- 7 And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.
- 8 Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things.



# Simply Study: Philippians 4, Session 2

## Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.

## Simply Answer

1. What is the first thing Paul reminds the Philippians to do in verse 1?
2. How do you need to stand firm in the Lord in your present situation?
3. What problem do you see in verses 2 and 3?
4. How does Paul ask the women to resolve their differences?
5. How do we "agree in the Lord"?
6. What command are we given in verse 4?
7. When are we to rejoice?
8. Why are we able to always rejoice in the Lord?
9. What are we to do instead of worrying (vs. 6)?



## Simply Study: Philippians 4, Session 2

10. What is the result when we pray about everything (vs. 7)?

11. After we take everything to God in prayer and rejoice at how He will work in these situations, what are we to think about (vs. 8)?

### Simply Reflect

Review your notes and markings for today.

What is God saying to you today through His Word?

What verse/verses speak to you the most?

### Simply Act

What do you need to do because of what you learned?

### Simply Pray

In the space below, write your prayer to God about what He has placed on your heart during your study time.



# Simply Study: Philippians 4, Session 3

## Session 4

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

## Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Also, ask Him to open the eyes of your heart to hear from Him in your study time today.

## Simply Read

Today we are going to read Philippians 4:9-14. Please read straight through without stopping.

- 9 What you have learned and received and heard and seen in me, do; and the God of peace will be with you.
- 10 I rejoice in the Lord greatly that now at length you have revived your concern for me; you were indeed concerned for me, but you had no opportunity.
- 11 Not that I complain of want; for I have learned, in whatever state I am, to be content.
- 12 I know how to be abased, and I know how to abound; in any and all circumstances I have learned the secret of facing plenty and hunger, abundance and want.
- 13 I can do all things in him who strengthens me.
- 14 Yet it was kind of you to share my trouble.

## Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.

## Simply Answer

1. What were the Philippians to do (vs. 9)?



## Simply Study: Philippians 4, Session 3

2. What have you learned, heard, or seen about God lately?
3. What will we gain if we are obedient to what God has taught us (vs. 9)?
4. Why does Paul rejoice (vs. 10)?
5. How important to others is our concern for them?
6. What important thing has Paul learned (vs. 11-12)?
7. Why can he be content no matter the circumstances (vs. 13)?
8. What can you do with Jesus?
9. What does Jesus give us to face our current challenges?
10. How do we access His strength?

### **Simply Reflect**

Reveiw your notes and markings for today.

What is God saying to you through His Word?

What verse/verses speak to you the most?



## Simply Study: Philippians 4, Session 3

### **Simply Act**

What do you need to do because of what you learned?

### **Simply Pray**

In the space below, write your prayer to God about what He has placed on your heart during your study time.

# Simply Study: Philippians 4, Session 4

## Session 4

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

## Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to make you sensitive to what He is teaching you through His word.

## Simply Read

Today we are going to read Philippians 4:15-23. Please read straight through without stopping.

15 And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving except you only;

16 for even in Thessalonica you sent me help once and again.

17 Not that I seek the gift; but I seek the fruit which increases to your credit.

18 I have received full payment, and more; I am filled, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God.

19 And my God will supply every need of yours according to his riches in glory in Christ Jesus.

20 To our God and Father be glory for ever and ever. Amen.

21 Greet every saint in Christ Jesus. The brethren who are with me greet you.

22 All the saints greet you, especially those of Caesar's household.

23 The grace of the Lord Jesus Christ be with your spirit.

## Simply Answer

1. What did the Philippians give to Paul? What did they receive (vs. 15 and 17)?





## Simply Study: Philippians 4, Session 4

2. What is Paul most concerned about (vs. 17)?
3. What really causes Paul to be "filled" (vs. 18)?
4. Is it easy for the Philippians to give their gift to Paul? Give evidence for your answer.
5. Do the Philippians need to worry about not having enough for themselves after they give to support Paul's work (vs 19)?
6. What needs do you have that you are trusting God to fill? Is there something you need to still give over to His care?
7. What belongs to God (vs. 20)?
8. How can we give God glory?
9. What key word is used 3 times in verses 21 and 22?
10. Who do you know someone who needs to be greeted with the love of Christ?
11. What do we need in our spirit (vs. 23)?
12. How would your life be different if you accepted the grace of Christ?



# Simply Study: Philippians 4, Session 4

## **Simply Reflect**

Review your notes and markings.

What is God saying to you today through His Word?

What verse/verses speak to you the most?

## **Simply Act**

What do you need to do because of what you learned?

## **Simply Pray**

In the space below, write your prayer to God about what He has placed on your heart during your study time.

# Simply Study: Philippians 4, Session 5

## **Session 5**

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

## **Simply Pray**

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to open the eyes of your heart to hear from Him in your study time.

## **Simply Read**

Today we are going to read all of chapter 4 of Philippians again. Please read straight through without stopping.

## **Philippians 4 RSV**

- 1 Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.
- 2 I entreat Eu-o'dia and I entreat Syn'tyche to agree in the Lord.
- 3 And I ask you also, true yokefellow, help these women, for they have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.
- 4 Rejoice in the Lord always; again I will say, Rejoice.
- 5 Let all men know your forbearance. The Lord is at hand.
- 6 Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
- 7 And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.
- 8 Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things.
- 9 What you have learned and received and heard and seen in me, do; and the God of peace will

## Simply Study: Philippians 4, Session 5

be with you.

10 I rejoice in the Lord greatly that now at length you have revived your concern for me; you were indeed concerned for me, but you had no opportunity.

11 Not that I complain of want; for I have learned, in whatever state I am, to be content.

12 I know how to be abased, and I know how to abound; in any and all circumstances I have learned the secret of facing plenty and hunger, abundance and want.

13 I can do all things in him who strengthens me.

14 Yet it was kind of you to share my trouble.

15 And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving except you only;

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21 Greet every saint in Christ Jesus. The brethren who are with me greet you.

22 All the saints greet you, especially those of Caesar's household.

23 The grace of the Lord Jesus Christ be with your spirit.

### Simply Mark

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# Simply Study: Philippians 4, Session 5

## **Simply Reflect**

Review your notes and markings.

What is God saying to you today through His Word?

What verse/verses speak to you the most?

## **Simply Act**

What do you need to do because of what you learned?

## **Simply Pray**

In the space below, write your prayer to God about what He has placed on your heart during your study time.