

One book at a time.
One day at a time.



## Simply Study: Philippians 1

Welcome to Simply Study!

Have you had enough of rushing through your Bible study time, trying to keep up with someone else's daily study schedule?

Have you ever finished a daily devotional and marveled at the fact that you barely read a verse of scripture?

Do you long to spend your quiet time soaking in one book of the Bible?

Me too!

Simply Word is a daily Bible study based in one book of the Bible. There's no rush, no scramble. Take as much time as you like to meander with God through one book of the Bible.

### Simple pieces

- Simply read Repeated readings will help you meditate on truths of God's word.
- Simply mark Let loose your creative side as you simply mark the daily scripture reading passage.
- Simply answer Look back in the scripture to answer questions about the text.
- Simply reflect Consider what God is speaking to your heart and record your thoughts.
- Simply act Become a doer of the word as you decide how to apply what you have learned.

Let's get started!



Focus deeply.
One book at a time.
One day at a time.
Simply Study.

### Session 1

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

### Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to open the eyes of your heart to hear from Him in your study time today.

## Simply Read

Today we are going to read all of chapter one of Philippians. Please read straight through without stopping.

## Philippians 1 RSV

1 Paul and Timothy, servants of Christ Jesus, To all the saints in Christ Jesus who are at

Philippi, with the bishops and deacons:

- 2 Grace to you and peace from God our Father and the Lord Jesus Christ.
- 3 I thank my God in all my remembrance of you,
- 4 always in every prayer of mine for you all making my prayer with joy,
- 5 thankful for your partnership in the gospel from the first day until now.
- 6 And I am sure that he who began a good work in you will bring it to completion at the day of Jesus Christ.
- 7 It is right for me to feel thus about you all, because I hold you in my heart, for you are all partakers with me of grace, both in my imprisonment and in the defense and confirmation of the gospel.
- $8\ \text{For God}$  is my witness, how I yearn for you all with the affection of Christ Jesus.
- 9 And it is my prayer that your love may abound more and more, with knowledge and all discernment,

10 so that you may approve what is excellent, and may be pure and blameless for the day of Christ,

- 11 filled with the fruits of righteousness which come through Jesus Christ, to the glory and praise of God.
- 12 I want you to know, brethren, that what has happened to me has really served to advance the gospel,
- 13 so that it has become known throughout the whole praetorian guard and to all the rest that my imprisonment is for Christ;
- 14 and most of the brethren have been made confident in the Lord because of my imprisonment, and are much more bold to speak the word of God without fear.
- 15 Some indeed preach Christ from envy and rivalry, but others from good will.
- 16 The latter do it out of love, knowing that I am put here for the defense of the gospel;
- 17 the former proclaim Christ out of partisanship, not sincerely but thinking to afflict me in my imprisonment.
- 18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in that I rejoice.
- 19 Yes, and I shall rejoice. For I know that through your prayers and the help of the Spirit of Jesus Christ this will turn out for my deliverance,
- 20 as it is my eager expectation and hope that I shall not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death.
- 21 For to me to live is Christ, and to die is gain.
- 22 If it is to be life in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell.
- 23 I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better.

24 But to remain in the flesh is more necessary on your account.

25 Convinced of this, I know that I shall remain and continue with you all, for your progress and joy in the faith,

26 so that in me you may have ample cause to glory in Christ Jesus, because of my coming to you again.

27 Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of you that you stand firm in one spirit, with one mind striving side by side for the faith of the gospel,

28 and not frightened in anything by your opponents. This is a clear omen to them of their destruction, but of your salvation, and that from God.

29 For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake,

30 engaged in the same conflict which you saw and now hear to be mine.

## Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.

## Simply Reflect

Reveiw your notes and markings for today.

What is God saying to you today through His Word?

What verse/verses spoke to you the most?

## Simply Act

What do you need to do because of what you learned today?

#### Session 2

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

### Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to show you something special during your study time today.

### Simply Read

Please read Philippians 1:1-11 without stopping.

- 1 Paul and Timothy, servants of Christ Jesus, to all the saints in Christ Jesus who are at Philippi, with the bishops and deacons:
- 2 Grace to you and peace from God our Father and the Lord Jesus Christ.
- 3 I thank my God in all my remembrance of you,
- 4 always in every prayer of mine for you all making my prayer with joy,
- 5 thankful for your partnership in the gospel from the first day until now.
- 6 And I am sure that he who began a good work in you will bring it to completion at the day of Jesus Christ.
- 7 It is right for me to feel thus about you all, because I hold you in my heart, for you are all partakers with me of grace, both in my imprisonment and in the defense and confirmation of the gospel.
- 8 For God is my witness, how I yearn for you all with the affection of Christ Jesus.
- 9 And it is my prayer that your love may abound more and more, with knowledge and all discernment,
- 10 so that ye may approve the things that are excellent; that ye may be sincere and void of offence unto the day of Christ;

11 filled with the fruits of righteousness which come through Jesus Christ, to the glory and praise of God.

### Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.

## Simply Answer

- 1. What words does Paul use to descibe himself and Timothy? What word does he use to describe the Philippians (vs. 1)?
- 2. What has God our Father and Jesus Christ supplied to us (vs. 2)?
- 3. When Paul remembers the Philippians, what does he do (vs. 3)?
- 4. How does he make his supplications/prayers (vs. 4)?
- 5. What is the source of Paul's joy (vs. 5)?
- 6. How can you help to further the Gospel?
- 7. What is the good work that God promises to complete (vs. 5,6)?
- 8. What is the day of Christ Jesus (vs. 6)?
- 9. Why do Paul and the Philippians need grace (vs. 7)?
- 10. What sufferning are you experiencing that you need God's grace to help you push through?

- 11. What three things do believers need to follow Jesus and partner with God (vs. 9)?
- 12. When we love God, know Him and His word, and have discernment (know how to apply His word), what will we be able to do (vs. 10)?
- 13. What is the final outcome of knowing, loving God, discerning his will, and avoiding sin (vs. 11)?

## Simply Reflect

Reveiw your notes and markings for today.

What is God saying to you today through His Word?

What verse/verses spoke to you the most?

## Simply Act

What do you need to do because of what you learned today?

#### Session 3

Get your Bible Journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

### Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to make you sensitive to the truths of His Word while you are studying.

### Simply Read

Please read Philippians 1:1-18 straight through without stopping.

1 Paul and Timothy, servants of Christ Jesus, To all the saints in Christ Jesus who are at

Philippi, with the bishops and deacons:

- 2 Grace to you and peace from God our Father and the Lord Jesus Christ.
- 3 I thank my God in all my remembrance of you,
- 4 always in every prayer of mine for you all making my prayer with joy,
- 5 thankful for your partnership in the gospel from the first day until now.
- 6 And I am sure that he who began a good work in you will bring it to completion at the day of Jesus Christ.
- 7 It is right for me to feel thus about you all, because I hold you in my heart, for you are all partakers with me of grace, both in my imprisonment and in the defense and confirmation of the gospel.
- 8 For God is my witness, how I yearn for you all with the affection of Christ Jesus.
- 9 And it is my prayer that your love may abound more and more, with knowledge and all discernment,

10 so that you may approve what is excellent, and may be pure and blameless for the day of Christ,

- 11 filled with the fruits of righteousness which come through Jesus Christ, to the glory and praise of God.
- 12 I want you to know, brethren, that what has happened to me has really served to advance the gospel,
- 13 so that it has become known throughout the whole praetorian guard and to all the rest that my imprisonment is for Christ;
- 14 and most of the brethren have been made confident in the Lord because of my imprisonment, and are much more bold to speak the word of God without fear.
- 15 Some indeed preach Christ from envy and rivalry, but others from good will.
- 16 The latter do it out of love, knowing that I am put here for the defense of the gospel;
- 17 the former proclaim Christ out of partisanship, not sincerely but thinking to afflict me in my imprisonment.
- 18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in that I rejoice.

## Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.

## Simply Answer

- 1. What has happened to Paul (vs. 12-13)?
- 2. What was the result of what happened to Paul (vs. 13)?

- 3. What was another more important result of Paul's imprisonment among the believers of Philippi (vs. 14)?
- 4. How could Paul's imprisonment make them more bold for the Gospel?
- 5. Name several reasons people preach the Gospel (vs. 15).
- 6. What is the main reason we should preach the Gospel (vs. 16)?
- 7. Out of love for whom or what (vs. 16)?
- 8. Whatever the motivation behind the preaching of the Gospel, how does Paul react (vs. 18)?

## Simply Reflect

Reveiw your notes and markings for today.

What is God saying to you today through His Word?

What verse/verses spoke to you the most?

## Simply Act

What do you need to do because of what you learned today?

#### Session 4

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

### Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to open the eyes of your heart to hear from Him in your study time today.

### Simply Read

Please read Philippians 1:12-23 straight through.

12 I want you to know, brethren, that what has happened to me has really served to advance the gospel,

13 so that it has become known throughout the whole praetorian guard and to all the rest that my imprisonment is for Christ;

14 and most of the brethren have been made confident in the Lord because of my imprisonment, and are much more bold to speak the word of God without fear.

15 Some indeed preach Christ from envy and rivalry, but others from good will.

16 The latter do it out of love, knowing that I am put here for the defense of the gospel;

17 the former proclaim Christ out of partisanship, not sincerely but thinking to afflict me in my imprisonment.

18 What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in that I rejoice.

19 Yes, and I shall rejoice. For I know that through your prayers and the help of the Spirit of Jesus Christ this will turn out for my deliverance,

20 as it is my eager expectation and hope that I shall not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death.

20 as it is my eager expectation and hope that I shall not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death.

21 For to me to live is Christ, and to die is gain.

22 If it is to be life in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell.

23 I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better.

### Simply Mark

Please go back and read the passage again. Take notes, highlight, and underline important words and phrases that capture your attention.

## Simply Answer

- 1. To review, how did Paul react to the preaching of the Gospel despite the motive behind the preaching of the Word?
- 2. What does his reaction tell about what he truly valued?
- 3. What two things help Christians when they face trials and challenges (vs. 19)?
- 4. What is Paul sure of in verse 19?
- 5. What are some ways Paul could be delivered from his present circumstances (vs. 20)?
- 6. How can death be a deliverance?

- 7. Based on verse 20, in the space provided, write a prayer for yourself.
- 8. What is living to Paul? What is dying to Paul?
- 9. What is better in Paul's eyes (vs. 21)?
- 10. What should our lives on earth be marked by (vs 22)?
- 11. Why does Paul have a hard time choosing between life and death (vs. 23)?

## Simply Reflect

Reveiw your notes and markings for today.

What is God saying to you today through His Word?

What verse/verses spoke to you the most?

## Simply Act

What do you need to do because of what you learned today?

#### Session 5

Get your Bible journal or a printed copy of this Bible study, your favorite pens and pencils and get ready to dive into God's Word!

### Simply Pray

Before you start your Bible study time, pray and ask God to fill you with His Holy Spirit. Ask God to provide you with wisdom to prepare you for the work He has for you to do this day.

### Simply Read

Please read Philippians 1:21-30 straight through.

- 21 For to me to live is Christ, and to die is gain.
- 22 If it is to be life in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell.
- 23 I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better.
- 24 But to remain in the flesh is more necessary on your account.
- 25 Convinced of this, I know that I shall remain and continue with you all, for your progress and joy in the faith,
- 26 so that in me you may have ample cause to glory in Christ Jesus, because of my coming to you again.
- 27 Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of you that you stand firm in one spirit, with one mind striving side by side for the faith of the gospel,
- 28 and not frightened in anything by your opponents. This is a clear omen to them of their destruction, but of your salvation, and that from God.
- 29 For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake,
- 30 engaged in the same conflict which you saw and now hear to be mine.

## Simply Mark

Please go back and read the passage again. Take notes, highlight and underline important words and phrases that capture your attention.

### Simply Answer

- 1. Why was it more necessary for Paul to stay in the flesh (vs. 24-25)?
- 2. What should our faith and example cause other believers to do (vs. 26)?
- 3. How should we live our lives (vs. 27)?
- 4. According to the second half of verse 27, how do we live our lives in a manner worthy of the Gospel?
- 5. What evidence do you see that we need other Christians to walk out our journey with God?
- 6. What will our brothers and sisters in Christ help us do (vs. 28)?
- 7. Why does our faith cause us to have enemies (vs. 28)?
- 8. What is granted to us (vs. 29)?

9. When we are walking and working with Jesus, what will we experience (vs. 30)?

## Simply Reflect

Reveiw your notes and markings for today.

What is God saying to you today through His Word?

What verse/verses spoke to you the most?

### Simply Act

What do you need to do because of what you learned today?

