

The Spiritual Discipline of Silence and Solitude (podcast)

Join Jane VanOsdol and guest Ron Stohler, pastor of Growth and Groups at Grace Community Church in Noblesville, Indiana as they discuss the **spiritual discipline** of silence and solitude. You won't want to miss this interesting and exciting podcast as you prepare for Easter!

Here's a bit of what to expect:



Ron
Stohler

- A discussion of what spiritual disciplines are and why we need them in our lives.
- Introducing the discipline of silence and solitude and why the other spiritual disciplines spring off of this.
- Discussion over whether anyone can really hear from God.
- Discovering some of the ways we might hear from God.

Resources



Celebration of Discipline: The Path to Spiritual Growth, 20th Anniversary Edition By Richard Foster / HarperOne



Sacred Rhythms Participant's Guide: Spiritual Practices that Nourish Your Soul and Transform Your Life By Ruth Haley Barton / Zondervan



Sacred Rhythms: Spiritual Practices that Nourish Your Soul and Transform Your Life By Ruth Haley Barton / Zondervan



The Sacred Way: Spiritual Practices for Everyday Life By Tony Jones / Youth Specialties