

# He Calms the Storms

*Those who go down to the sea in ships, who do business on  
great waters,*

*They see the works of the LORD, and His wonders in the deep.*

*For he commands and raises the stormy wind, which lifts up the  
waves of the sea.*

*They mount up to the heavens, they go down again to the  
depths;*

*Their soul melts because of trouble.*

*They reel to and fro, and stagger like a drunken man, and are  
at their wits' end.*

*Then they cry out to the LORD in their trouble, and He brings  
them out of their distresses.*

*He calms the storm, so that its waves are still.*

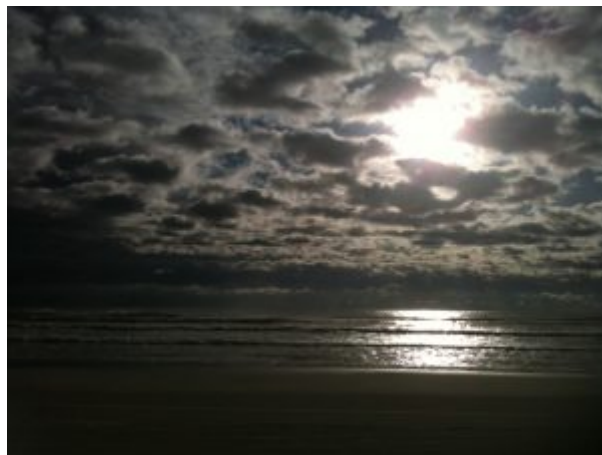
*Then they are glad because they are quiet;*

*So he guides them to their desired haven.*

*Oh that men would praise the LORD for his goodness, and for  
his wonderful works to the children of men!*

*Let them exalt him also in the congregation of the people, and  
praise him in the company of the elders.*

*Psalm 107:23-32 NKJ*



I took this picture while watching storm clouds disperse from the early morning sky in St. Augustine. I love the picture the psalmist paints of God calming the storm so that its waves are still and then guiding His people to a desired haven.

What storms do you have in your life today? Ask God to provide a safe haven for you to rest in.

*Jane*