

# Discover 5 New Ways to Celebrate a Natural Christmas

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## Natural Christmas

**The older I get, the more I appreciate the simple things in life.**

Celebrating Christmas often puts us into a frenzy as we try to create the perfect holiday for ourselves, our family, and friends. In this post, I've curated some natural holiday ideas that I love because of their focus on nature and simplicity and/or the true meaning of Christmas. Try one or try them all, but I pray that you will have the time to experience the love and blessings of God this Christmas season.

# A Natural Christmas

1. 5 Ways to Make Your Home Smell Good for the Holidays. This amazing post from the Herbal Academy is full of wonderful ideas. Many of them would make a fun activity to do with children. I can't wait to try #5, the Holiday Spice Potpourri. The spices in this blend are some of my favorites, and besides that, it's a visual treat for the eyes too.
2. Old-Fashioned Popcorn Balls from Mother Earth Living. Remember the popcorn balls we used to make and eat as children? Here's a recipe to enjoy. Even though they purposed this for Halloween, I always associate popcorn balls as a special treat of Christmas.
3. 55 Last Minute Herbal DIY Gifts. This post by Joybilee Farm has an incredible assortment of herbal gift ideas that you can make. Inspiration is just oozing here. From beverages and food to oils, candles, and beauty products, your biggest challenge will be deciding what to make.
4. The Twelve Herbs of Christmas. I like this post because it lists 12 different herbs historically associated with Christmas and explains their meaning in the Christmas story. For example, did you know that tradition has it that Joseph cut branches from a thyme bush to make bedding for Mary and baby Jesus? Also along those lines is a post of mine on Essential Oils in the Bible and how to use them today. It includes a recipe for creating a frankincense and myrrh skin blend, which would make a lovely gift for someone or to keep for yourself.
5. Natural Nativity. Finally, I've included my natural, rustic nativities. Each fall, I make these miniature



nativity scenes from tree bark from Hickory & Oak Sawmill and Lumber Company (my brother-in-law's sawmill) and from beeswax. I sell them at Christmas in my Etsy shop if you would like to add one to your home.

What is a favorite way you celebrate a natural Christmas? I'd love to hear about a tradition you have or a new idea you want to try this year.

**Merry Christmas!**

