

# Short & Sweet: I am by Mary Kane



Nourishment and refreshment  
for the soul!

*And the LORD said to Joshua, "Do not fear them, for I have delivered them into your hand; not a man of them shall stand before you." Joshua 10:8*

Too much of my life has been spent fearing the wrong things. Fear of failure, fear of accidents, fear of change, and fear of sickness and death have all cost me plenty, but nothing has been more costly than the fear of man.

Why do I fear man? I fear because perhaps what others say about me is true.

**I am** nothing.

**I am** wrong.

**I am** weak.

**I am** useless.

I am dumb.

I am broken.

*I am ... I am ... I am ...*

**I AM that I AM**

The GREAT I AM!

In the GREAT I AM ...

... **I am** called ... **I am** chosen ... **I am** gifted ... beautiful ... redeemed ... *forgiven* ... talented, restored, adopted, strong, wise, beautiful, useful, effective, influential, free, justified, blameless, pure, sanctified, holy, alive, secure, complete, victorious, and loved. **I am** because He is.

Fear of man will cause me to miss my calling; to leave *unlived* the life God has willed for me. The only thing God wants me to fear is Him. He calls me to lay aside all other fear, and live with boldness: standing ground, slaying giants, and tumbling walls.

Because of the Great I AM, I am.

### **Action Points:**

1. Slowly, with emphasis, read the *I am list* out loud.
2. Mark in your mind the most important attributes in the *I am list* and thank God for what He has made you in Christ Jesus.
3. Make your decisions today based on the fear of God, not the fear of man.

Remember who you are in the Great I AM.

Life is sweet,

*Mary Kane*

For more information on overcoming fear, please click on the links below.

**[Francis Chan: Fear Not](#)**

**[Joyce Meyer: Choose Boldness](#)**