

# i pray: my thoughts



## i pray

### short podcasts to bring the sacred into your everyday

*Do you only have a few minutes for prayer today? You're in the right place! Try one of our new **i pray podcasts**. A few minutes is all you need to pray God's word into any situation by interceding for friends, family, and yourself.*

Today we're praying about **our thoughts**. Our thoughts can affect us for the good or for the bad – it's really true that we become what we think. The good news is that we don't have to let ourselves become victims of negative thinking. We have TOTAL control over our thoughts. Join us today as we take 4 minutes to pray about "thinking on such things."

<http://onlybyprayer.com/wp-content/uploads/2016/02/ipraymythoughts.m4a>