

# Short & Sweet: Cross Over by Mary Kane



Nourishment and refreshment  
for your soul.

*“45 Moses finished speaking all these words to all Israel,  
46 and he said to them: “Set your hearts on all the words  
which I testify among you today, which you shall command your  
children to be careful to observe—all the words of this law.  
47 For it is not a futile thing for you, because it is your  
life, and by this word you shall prolong your days in the land  
which you cross over the Jordan to possess.”*

*Deuteronomy 32:45-47*

**Cross over.** In the Hebrew, **cross over** transliterates as *`abar*, which means to *pass through, to march over, to pass beyond, to pass over*. The term *Hebrew* actually descends from the word *`abar*. The Hebrew people were those who **crossed over**. Following the Ark of the Covenant, the Hebrews crossed over the Jordan to the Land of Promise.

Similarly, as believers, we are continuously called to **cross over** to our Promised Land. The cross of Jesus enables us to **cross over**. At the foot of the cross, we leave the darkness and **cross over** into the light. We leave self and **cross over**

to Savior. We leave sin and **cross over** to righteousness. We leave hopelessness and **cross over** to purpose.

### **Action Points:**

1. How is God calling you to **cross over**?
2. Is there a *Jordan River* standing between you and your Promised Land? If yes, how can you take a step of faith today and **cross over**?
3. Thank God for everything He has empowered you to leave behind because you **crossed over** to follow Him.

Life is sweet.

*Mary Kane*