

# Lent Day 37, Examen

Welcome to Day 37 of our Lenten Devotional! We continue our study on spiritual housecleaning with today's post on the Prayer of Examen. This is a perfect time to explore this discipline developed by St. Ignatius. Just click below for today's post.

\*When you click on the Lent Day 37 , Examen link below, you will be taken to a pdf with more information on it. The Examen exercise link on the pdf page no longer works. Please use this link (Examen Exercise) instead after you read the pdf. Thank you!

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