

# Bible Journal-Graphics: i pray by Mary Kane

*Now I lay me down to sleep. I pray the Lord my soul to keep.  
If I should die before I wake, I pray to God my soul to take.*  
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When I was a little girl, I remember watching Little House on the Prairie. Laura Ingalls was my favorite character and she said her prayers each night before she went to bed, in her loft, with her sister Mary. Back in those days, I didn't know very much about prayer, so I adopted Laura's prayer as mine. Many years later, at the age of nineteen, I became a Christian and my prayer theology had not progressed much beyond, "Now I lay me down to sleep." Through the patient teaching of my CCC mentors, I learned that prayer is not about repeating time worn phrases, but speaking my thoughts to God and speaking His Word and will into my prayers.

If, like me, you need a little help with your prayer life, or you want to breathe new life into your Quiet Time, please click on the link below to download your copy of i pray.



***Journal-graphic: i pray***

\*Read more at  
<http://www.beliefnet.com/Prayers/Other/Bedtime/A-Childs-Bedtime-Prayer.aspx#wbkBigDTlLXibrX5.99>