

Seven Days of Freedom, Day 3: Free



*Out of my distress I called on the LORD;
the LORD answered me and set me free.*

Psalms 118:5

free [free] adjective

1. enjoying personal rights or liberty, as a person who is not in slavery
2. pertaining to or reserved for those who enjoy personal liberty
3. clear of obstructions or obstacles, as a road or corridor
4. enjoying political autonomy, as a people or country not under foreign rule; independent

One of my European cousins has often commented on the American's obsession with freedom. I must admit, I love the freedoms granted by our Constitution. Why? Because freedom means choice. It means I am **free** to be who God created me to be.

Freedom is also a very important spiritual concept, more important than national freedom. In fact, a person cannot be completely **free** unless they have been set free from sin. Most Americans have not experienced the bondage of physical slavery, but we all have been in bondage to sin. But because Jesus died for us on the cross, we have been set **free**.

The Hebrew word for *freedom* used in the verse above is *merchab* which means *a broad roomy place*. or *wide expanses*. *Merchab* is derived from the root word *rachab* which means *to grow large, to grow wide*. One of the things Jesus frees us from is *distresses, metsar* in the Hebrew. *Metsar*, which means *trouble, pains, or tight places*, when traced to its root also means, *stomach*. From the previous definitions, we can infer our worries keep us small, stunt our growth, hem us in, and tie our stomach in knots.

Ironically, Jesus sets us **free** so we can experience true freedom by becoming ... slaves of Christ. His yoke is easy and His burden is light. When Jesus sets us **free**, we are **free** indeed.

Action Points

1. A slave does the will of his Master. What area/s of life are you still controlling?
2. Because you are safe in the hands of your Master, what are you free to do?
3. What are the blessings of living according to the will of the Good Master?
4. How does being a slave of Christ bring freedom?

God Bless America.

Mary Kane

We hope you enjoy the music below.

“free.” *Dictionary.com Unabridged*. Random House, Inc. 28 Jun. 2015. <Dictionary.com <http://dictionary.reference.com/browse/firm>>.

7 Days of Freedom, Day 2: Liberty



18 *“The Spirit of the LORD is upon Me, because He has anointed Me
To preach the gospel to the poor; he has sent Me to heal the
brokenhearted,
To proclaim liberty to the captive, and recovery of sight to
the blind,
To set at liberty those who are oppressed; 19 To proclaim the
acceptable year of the LORD.
Luke 4:18-19*

liberty [**lib-er-tee**] **Noun**

1. freedom from captivity, confinement, or physical restraint

2. freedom or right to frequent or use a place
3. freedom from arbitrary or despotic government or control

The Greek transliterations for **liberty** is *aphesis*. In the Greek, *aphesis* means “release from bondage or imprisonment; forgiveness or pardon, of sins (letting them go as if they had never been committed), remission of the penalty.” Did you notice the part in the parenthesis? God lets go our sins as if they had never been committed. Why does He allow this? Our sins have already been paid in full at the cross. According to the Dictionary.com definition, **liberty** means we have the “right to frequent or use a place.” Because of the cross, we have the **liberty** to *frequent* the throne of grace and boldly ask God to meet our needs.

The cry of the American patriot Patrick Henry, in the face of the American Revolution was, “Give me **liberty**, or give me death!” How prophetic. As Christians we have the same options: **liberty** or death. We choose.

Christ sets us free from sin so we have the **liberty** not to live for self (we already tried that once), but for Him. We have **liberty** to do good works, serve others, and take the Gospel of freedom to every nation on earth.

As we draw near to Independence Day, remember to thank God for not only for the **liberty** of our nation, but of our souls as well.

Action Points:

1. What is something you need to be set free from?
2. Who needs to hear about the liberty we have in Christ?
How can you share the Gospel with this person?
3. Pray for nations that are closed to the Gospel. To see a list of countries in need of prayer, please click on the following link: [Closed Countries](#)

Please enjoy the music below.

God Bless America.

Mary Kane

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7 Days of Freedom, Day 1: Truth



31 "Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. 32 And you shall know the truth, and the truth shall make you free."

Truth [trootH] noun

1. the [true](#) or actual state of a matter
2. conformity with fact or reality; verity
3. a verified or indisputable fact, proposition, principle, or the like
4. the state or character of being [true](#)
5. actuality or actual existence.

The definition from Dictionary.com gives us a decent yet incomplete definition of the word **truth**. To learn the complete **truth** about **truth** we must turn to the source of all **truth**, Jesus. He is the way, the **truth** and the life. Our verse above tells us that we find the **truth** in the Word of God. God is the Father and creator of all **truth**. If science, philosophy, religions, or false religions contain a grain of **truth**, it is God's **truth**.

As Americans we are blessed with great freedoms. The Bill of Rights and the Constitution list the many liberties of United States citizens. While in all outward appearances we look free; our souls may be in great bondage to sin. Our physical freedom was wrought by muskets and cannons, in contrast our spiritual freedom was won by the cross. Knowing the **truth** of our spiritual condition-we are lost, and the **truth** of salvation-only by the cross of Christ, we are set free from the bondage of sin and death.

Have you accepted the **truth** of your condition and the freedom made possible by the cross of Christ? If the answer is *no*, please click on the link below to learn how to accept Christ as your Savior.

The Way to God

Jesus ... know Him, know *truth*.

Action Points

1. Ask God to show you areas of your life in which you are not living in His truth.
2. God's Word is truth. How can you get more truth in your life?
3. Listen to your words today. Are you speaking God's truth into your experiences?

Please take a moment to remember those who have gone before us.

God Bless America.

Mary Kane

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