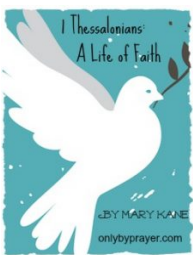


# 1 Thessalonians A Life of Faith, Part 9: Walk Worthy

*"... as you know how we exhorted, and comforted, and charged every one of you, as a father does his own children, that you would **walk worthy** of God who calls you into His own kingdom and glory. "*

*1 Thessalonians 1:11-12*



Walking is the oldest mode of transportation known to mankind. Before the wheel, the horse and buggy, and the car, mankind walked. There is something very satisfying, and very thought provoking about walking. Walking provides time to meditate, reflect and pray about problems, challenges and plans.

**Walk** is the term God uses to describe our relationship with Him ... a **walk of faith**. Since Jesus calls us to follow Him, we can infer Jesus will **walk** with us every step of our journey.

As a runner, I know it is important not just to run a race, but to run well. The same applies to our **walk** with God. Paul charges us to walk worthy of the Lord. What does it mean to **walk worthy** of the Lord? Does the phrase **walk worthy** refer to training, style, techniques and form or is it really a matter of the heart?

To continue your study in 1 Thessalonians, A Life of Faith, please click on the link below.

[\*\*A Life of Faith, Part 9: Walk Worthy\*\*](#)