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"But encourage one another day after day, as long
as it is still called "Today," so that none of you will
be hardened by the deceitfulness of sin."


Hebrews 3:13

Today is a new kinda quirky Bible journal for busy people who want to jumpstart their day with Scripture. Start the day with a look at the verse and a short assignment. Then, revisit your work in the evening to add notes and make changes. Today, you need to spend time with Jesus!



17 For in the gospel the righteousness of God is revealed—a righteousness that is by faith from first to last, just as it is written: “The righteous will live by faith.”

Romans 1:17

Our theme for today is choosing faith over fear. As a child of God, fear is not your legacy. Fear comes from the evil one. We all have a Goliath in our life. Note to self: Goliath was not conquered by a stone to the head, but by a shot of faith from the heart. With every decision you make today, you have two choices: the fear choice, the faith choice. Consider a situation you are facing. Below write what actions you will take if you make a decision based on fear and what actions you will take if you make a decision based on faith. 

A Decision I Face Today

 Decision 1:



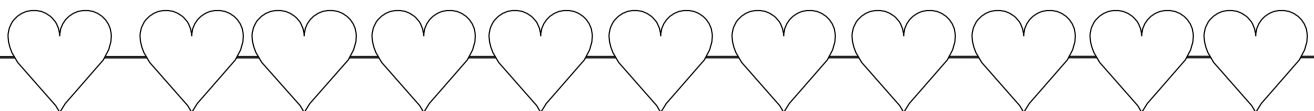
The Fear Choice:



The Faith Choice:

My Experience Today:

Think over your day. Color a heart for every decision made by faith.





And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you that you should not eat?"
Genesis 3:11

"Who told you that?" Who told you that you are hopeless? Who told you that you'll never amount to much? WHO told you that you'll never be able to make it on your own because you aren't smart enough, strong enough, wise enough, pretty enough or whatever enough? It wasn't God. God is always a truth teller. ALWAYS. He says you are called, chosen, gifted, forgiven, restored, redeemed, adopted and greatly loved.

Stop listening to the liars, to the enemy, to yourself. Speak what God says and live in His truth.

1. What are some things you believe about yourself?



2. Now, ask yourself this question: WHO told me this?



If the answer is not **God**, or can't be traced back to God, then you are believing lies –YES you are.

4. Time to replace the lies with truth. Look at the lies you wrote on question 1. Get out your Bible and find verses that speak truth about who you are. Right them down. Now, say them out loud.

5. Repeat the verses any time you find yourself believing the lies.



²³ But the seed falling on good soil refers to someone who hears the word and understands it. This is the one who produces a crop, yielding a hundred, sixty or thirty times what was sown.”

Matthew 13:23

God's Word is like seed. As His seed bearers we are called by our Father to take his seed and plant it wherever we go. Plant His seed through prayer and words at the grocery store, at the office, in your home, in your friend's broken marriage, in your mother's devastating illness, in the heart of a grieving parent. As the seeds of His word take root and grow, you will leave behind gardens of grace and wisdom for all to enjoy.

Remember, to have seed in your hand, you must first have it in your heart.

My Planting Plan: Places I'm Going Today

1.

4.

7.

2.

5.

8.

3.

6.

9.

My Planting Plan: People I'm Seeing Today

1.

4.

7.

2.

5.

8.

3.

6.

9.

My Planting Experience Today



6 Therefore humble yourselves under the mighty hand of God, that
He may exalt you in due time,
7 casting all your care upon Him, for He cares for you.
1 Peter 5:6-7

Are you worried about anything? Yea, me too. In the verse above, God uses two different Greek words for **care**. The first word, **merimna**, means **to cut up**. It describes how our cares affect us. The second Greek word for **care**, **melei**, describes how God cares for us. Melei is “the care of forethought and interest, not anxiety.” God is not anxious about us. He wants us to cast what “cuts us up” over to His care. God wants to handle what will injure us. But there are two steps to this verse: step one: humble yourself, step two: cast your care.



How to Cast Your Cares

1. Write each of your worries on a half sheet of paper.

2. Humble yourself before God. Kneel down, go face down, and tell God you need Him to take over your cares and solve them according to His will.

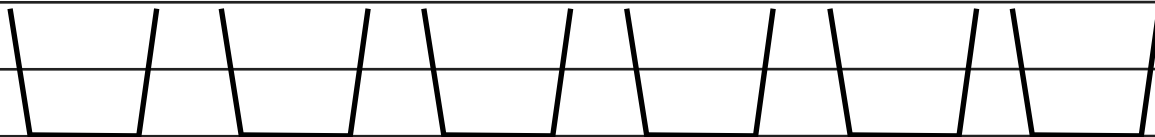
3. Thank Him for how He will work out your cares.

4. Crumple up all your worries and and cast them into the trash.

5. Any time satan reminds you of your worries, vocally praise God for His help, as many times as it takes. The enemy will flee at the sound of His great Name!

6. As a final step, in the trash cans below, write one word for each worry .

Vocally renounce these worries and announce you are now letting Jesus take care of your cares.






Be still and know that I am God.
The LORD Almighty is with us; the God of Jacob is our fortress.
Psalm 46: 10-11

peace. quiet. stillness.

There is a stillness drought in our culture today. We spend our time amusing ourselves to death because we are afraid of the sound of silence. In the stillness we have to face the reality of our sin, our pain, our problems. So Adam and Eve like, we run and hide in the noise of life.

But it is only in the stillness we hear the still small voice of our Father, calling us to bring Him our hurt and pain and sin. So He can heal us, restore us and use us for His great glory.

Don't run from the Silence, run to it. Today. 

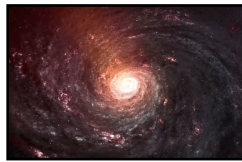
1. Pray and ask God to speak to your heart.

2. Get a pencil and your Bible. Read or journal or just sit and be still.

3. Click on a link below the image and enjoy the stillness in His Presence.



<https://youtu.be/KcjvhowmIoE>



<https://youtu.be/D0KulDJ09To>



<https://youtu.be/xf-Il5u1dps?t=26s>



My stillness experience:
