



1 Peter 5:5-7

5 In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because,

“God opposes the proud but shows favor to the humble.”

6 Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.

7 Cast all your anxiety on him because he cares for you.

Questions

1. What does God show us when we humble ourselves to Him (end of v. 5)?

2. Why does God tell us to *clothe* ourselves with humility? Why not just say “be humble”?

3. Who else are you to submit to?

4. Submission means to *submit to the power and will of God*. What area of your life (entertainment, friendships, sports) do you still need to submit to God?

5. The word *exalt* in Greek refers directly to the lifting of the cross from the earth during crucifixion. *Lifting up* requires dying. What do you need to *die to or get out of your life* for God to lift you up?

6. What would lifting up look like in your life? Will this happen immediately (v. 6)?

7. While we are waiting for God to act, what should we do (v. 7)?

8. What will happen if we don’t submit to God, and each other (end of v. 5)?