

Scripture Prescriptions

Follow the Great Physician's advice!



The True Identity Prescription (take as many as needed, as often as needed)

by Mary Kane

God's Word is medicine for our souls. All of us are the "walking wounded" in need of healing. The antidote for our wounds is daily doses of God's Word. Please use the scriptures of this Bible study as a prescription to bring spiritual health to your life. Write these scriptures down on note cards and pray them into your concerns and challenges as often as needed. Take them with you everywhere you go.

"He sent his word, and healed them, and delivered [them] from their destructions." Psalm 107:20

Do you ever get *spiritual amnesia*? Every once in a while I do. When this condition comes upon me, Satan is usually on the spot trying, to convince me of **who I was**. God is not about **who I was**, He is about **who I am**. I need to find out who **I am** from the **GREAT I AM**. Whenever you are struggling with spiritual amnesia, please read this list out loud. The enemy will flee at the sound of His great Name!

1. I am a child of God.

"But to all who did receive him, who believed in his name, he gave the right to become children of God." John 1:12

2. I am Jesus' chosen friend.

"No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you." John 15:15

3. I am holy and acceptable to God.

"Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ." Romans 5:1

4. I Have been bought with a price. I belong to God.

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body." 1 Corinthians 6:19-20

5. I have been adopted as God's child.

"... He predestined us for adoption as sons through Jesus Christ, according to the purpose of his will ... " Ephesians 1:5

6. I have been bought back and forgiven of all my sins.

"...in whom we have redemption of His blood, the forgiveness of sins."
Colossians 1:14

7. I am complete in Christ.

"... and you are complete in Him, who is the head of all principality and power."
Colossians 2:10

8. I am sure all things will work together for my good.

"And we know that all things work together for the good of those who love Him, to those who are called according to His purpose." Romans 8:28

9. I am free from any condemning charges against me.

"Who shall bring a charge against God's elect? It is God who justifies."
Romans 8:33

10. I cannot be separated from God's love.

" Who shall separate us from the love of Christ?" Romans 8:35

11. I can find grace and mercy in times of need.

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in times of need." Hebrews 6: 16

12. No matter my past, I am part of the true vine, joined to Christ and able to produce abundant fruit.

"I am the vine, you are the branches. He who abides in me and I in him, bears much fruit; for without me you can do nothing." John 15:5

13. I am hand-picked by Jesus to bear fruit.

"You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you." John 15:16

14. I am a Spirit-empowered witness of Christ.

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." Acts 1:8

15. I am God's handiwork, *created* to do His work!

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10

Walk in these truths! You are who God says you are. Silence the voice of the enemy by God's mighty name.

Remember, use these Scriptures as often as needed, get plenty of rest and call Him in the morning!

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