

Take 5!

5 verses, 5 Questions, 5 minutes

Saving Grace



Take a moment to ask your Holy Father to cleanse your heart from any sin and to fill you with His Holy Spirit. Please read Ephesians 2:1-5.

Before we became believers, name two ways we used *walk* (verse 2):

We used to walk according to the *course of this world* and *according to the prince of the power of the air*. The Greek word for *walked* in this verse is *peripateo* which means “to make one's way, progress; to make due use of opportunities.” It also means how we conduct ourselves or the world view we embrace.

When we were unbelievers, we lived only to satisfy what (verse 3)?

We can lust after many different types of things such as food, clothing, possessions, power and status. Lust is a very dangerous thing! The Greek word for *lust* is *epithumeo*, which means, “to turn upon a thing, to have desire for, to seek forbidden things.” As we follow this concept back to its roots we discover that it also means “passion, anger, heat, inflaming wine which either drives the drinker mad or kills him with his strength, to kill, to slay, to slaughter” (BLB). Yikes! Let’s stay as far away from lust as we can! Left to our own devices and plans we would surely destroy ourselves.

What great hope do we have (verses 4 and 5)?

What three elements make up God's plan for our salvation (verses 4 and 5)?

Mercy: kindness or good will towards the miserable and the afflicted, joined with a desire to help them. (Weren't we all miserable and afflicted before we came to Jesus?)

Love: a type of love that comes only from God which always acts for the good of the one receiving the love. It also means goodwill, benevolence, to be well pleased, to welcome, to approve of, to like.

Grace: good will, loving-kindness, favor, "of the merciful kindness by which God, exerting his holy influence upon souls, turns them to Christ, keeps, strengthens, increases them in Christian faith, knowledge, affection, and kindles them to the exercise of the Christian virtues" (*BLB*).

Which of the elements listed above means the most to you and why?

Please receive that grace He has for you today and rest in Him.