

Short & Sweet: 4 Ways to Stand Firm



I love to wake up early in the morning to enjoy the quiet peacefulness of a new day with my Father. After breakfast, I slip on my shoes, grab my Bible verses and take a prayer walk.

One morning the sky was filled with dark heavy clouds.

I glanced at the sky and decided to take a chance. While I was saying my verses, I kept a watchful eye on the sky. About half way through the rain began to fall. A few yards ahead, I saw a dry spot in the road; the overhanging trees offered a little protection from the rain. I hurried to the dry spot and waited. As the rain poured down I thanked God for keeping me dry in my sheltered spot.

I was tempted, as the rain became particularly heavy, to leave my dry haven and dash for home. After weighing my

choices—dashing or waiting—I decided to wait. After all, I was barely even wet despite the downpour. While I was passing the time, I could sense God had a lesson for me.

“When the storm has swept by, the wicked are gone, but the righteous stand firm forever.”

Proverbs 10:25

As of late, my life has been a little turbulent and unpredictable. Usually my first reaction to trouble has been to run from it as quickly as possible.

I’ve spent my life running.

From conflict. From fear. From change. From criticism. I’ve been a runner.

But God wants me to stand firm, to quit running and trust He will work all things for my good. Instead of running from the storms of life, He wants me to stand firm in the shelter of His presence. When I am under His cover the only things that can come to me are things He allows. In His presence I am *in* the storm but protected *from* the storm.

As the rain poured down and I stood firm,

I heard my Father whisper in my soul,

[The danger is not in the storm but in the running. Stand firm.](#)



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“When the storm has swept by, the wicked are gone, but the

righteous stand firm forever.” Proverbs 10:25

In the storms of life, God deals with the wicked and takes care of the righteous. Forever.

4 Ways to Stand Firm

1. **Change your self-talk.** Instead of rehearsing over and over how you will fail, fall or disappoint God, talk about how He is helping, strengthening, and leading you.
2. **Memorize scripture.** Memorizing scripture will subdue your enemies, your fears and will help you with your self-talk. Speak scripture into your circumstances. Replace the lies of your own self-talk or lies of the enemy with scripture.
3. **Replace worry with prayer.** Ask others to join you in prayer. Fill your prayers with God’s Word.
4. **Go forward.** Walk by faith. Make no decision based on fear. Think of a person whose faith you greatly admire. Ask yourself *What would so-and-so do?* and do it. God did not bring this challenge to you so you would fail. And if you do falter, get up and try again.

Life is sweet. Stand Firm.

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