

Busy Woman's Guide to Spiritual Growth



I'm busy. You're busy. Everybody is busy.

6 "And these words which I command you today shall be in your heart. 7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. 8 You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. 9 You shall write them on the doorposts of your house and on your gates. Deuteronomy 6: 6-9

Yea, I can relate. Plain old busy. Who says the Bible isn't relevant? This verse was written for the 21st century. When I sit, when I stand, when I lie down, when I'm running like a crazy woman. In the midst of the mess, we forget about Jesus. We gotta get some Bible.

What's a busy girl to do?

Somehow the whole technology thing has backfired. Instead of freeing up hours of time, we're busier than ever. Scheduling meetings while driving (admit it, you have), arranging doctor appointments during PTA meetings, lining up snacks for a school party on the sidelines of a soccer game, answering emails before you even get out of bed. What the heck?

Isn't there an app for that?

Instead of running us ragged, let's make technology work for us. Here's a few things that will help keep your life on track.

Bible app: Before I get up, before I eat my wheaties, before I throw off the covers, I get God's word in my head and in my heart and on my tongue. The Bible app is free and it offers a variety of Bible reading plans and many other bells and whistles. You can also connect with your friends and see what they are learning from God's word. I love it.

[Get God's word in before you get up!](#)



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[The Bible App](#)

Prayer Notebook App: My prayer life used to be a haphazard mess. Promises broken and prayers forgotten. My own husband and kids were left prayerless by their own wife and mother. Prayer Notebook changed all that. I went large and invested in the \$1.99 version. It took about 30 minutes to organize my prayer life. Now, each day, while taking a walk, doing chores or on the way to work, I pray through my list. No more

forgotten prayers. Boom. Bam.

[The Prayer Notebook](#)

One Place: Get all the preaching and teaching you'll ever need all in "one place." Click on the link and download One Place app to your device. Order up podcasts by your favorite Bible teachers and tune in. I love to listen while I'm jogging, doing housework, getting ready for work (the older I get the longer it takes) or running errands.

[One Place App](#)

So what are you waiting for?

No more excuses, busy woman! Download a few apps and let's get growing!

Please share your ideas on how to seek Jesus while you're living the dream! Leave me a comment in the section below. I'd love to hear from you!

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