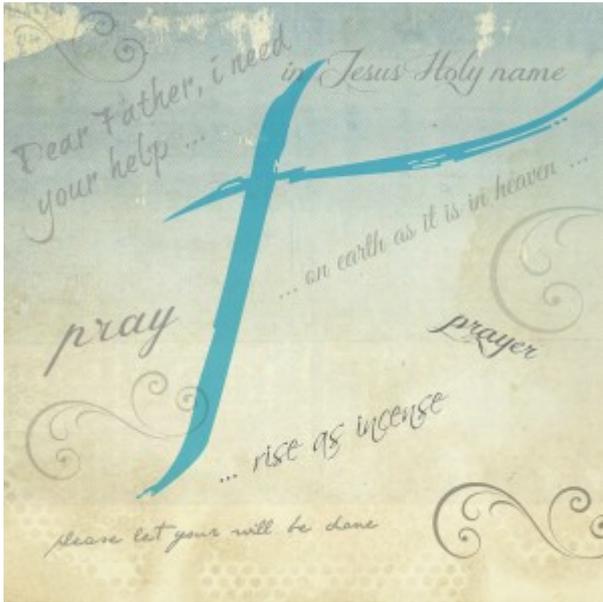


# What Is One Prayer?



**I don't know about you, but I often feel overwhelmed by the daily news.**

Whether it's in my community, the state, our nation, or the world, the amount of evil out there is just plain disturbing. I know that many good things are also happening, but those are often overshadowed by what isn't.

**[Prayer is the powerful antidote to evil.](#)**



**[Tweet This](#)**

To counteract this helpless, hopeless feeling, Mary and I thought it would be helpful for us to focus our prayers. Even when an event seems so horrific that we despair of being able to do anything to help, we need to remember that prayer is the powerful antidote to evil. Let us not ever forget that.

The enemy wants us to be overwhelmed and ineffective. That is *not* what the Bible says.

*The prayer of a righteous man is powerful and effective.*  
*James 5:16*

The Greek word for powerful in this sentence is *Ischyō*. Are you ready for its definition? It means “to be effective, capable of producing results.” Wow. Our prayers are capable of producing results – even when ISIS is on the move, even when the diagnosis is cancer, even when aborted baby parts are being sold on the market, even when refugees are backed up on a country’s border.

To help us focus our prayers, several times a week, we will select a person, issue, or topic for us to pray about. The reminder will be short, perhaps just a sentence or two in the sidebar of our website [OnlyByPrayer](#) under the heading **One Prayer**. Please add your one-minute prayer silently or aloud to the collective praying we will all be doing. If you’d like you can tweet that day’s prayer focus using **#OnePrayer**.

Let’s stop sticking our heads in the sand and take advantage of the very real power of prayer. God did not make us helpless but bestowed upon us the gift and responsibility of prayer to bring about real change in the world.

Pray on!

*Jane*

## Resources for the Current Prayer Concern

2-14-17 [Florida School Shooting](#)

9-20-17: [Mexico earthquake](#)

[Aleppo](#)

[Information about kidnapped journalist Austin Tice](#)

[First Transmission of Zika virus in U.S.](#)

[What Is Zika?](#)

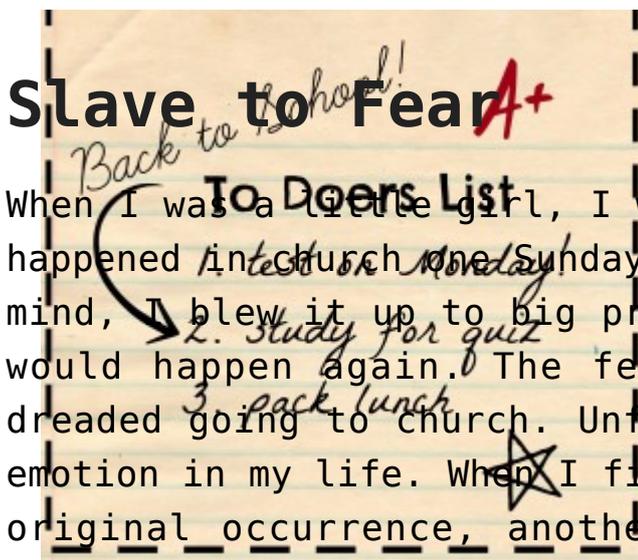
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**To Do-ers List Back to  
School, Day 6: Obey the Rules**

# To Do-ers List: Back to School

## Day 6: Obey the Rules!

*Don't you know that when you offer yourselves to someone to obey him as slaves, you are slaves to the one whom you obey – whether slaves to sin, which leads to death, or to obedience, which leads to righteousness? Roman 6:16*



When I was a little girl, I was embarrassed by something that happened in church one Sunday. It wasn't a big deal, but in my mind, I blew it up to big proportions until I feared that it would happen again. The fear grew out of control until I dreaded going to church. Unfortunately, fear became my go-to emotion in my life. When I finally conquered the fear from the original occurrence, another one quickly replaced it. The process of how I dealt with difficulties in my life was broken, and it was making me a slave to fear, which is actually a sin!

# Call It What It Is

I did not realize that this now-established pattern in my life was a sin. And I certainly didn't realize that I was "obeying" it, but I was. It controlled many aspects of my life because I would go to great lengths to avoid the thing that created fear. And this was ever changing, ever growing; the talons of fear were firmly clasped around my throat, strangling the life out of me.

It wasn't until I gave my life to Christ that I learned to be obedient to Him and the truth of His word, and that is what bought me my freedom. It was a slow process because I had years of learned wrong behaviors. But as the Holy Spirit got a hold of my life, I switched my allegiance to the Life Giver, and He set me free.

**How did He do this? Here's some of the things that helped.**

- Attending church and absorbing the sermons
- Reading the Bible for myself
- Memorizing scripture that applied to my situation and repeating them aloud many times, speaking



them into the situation

- Praying and identifying another trusted person to pray for me
- Changing my thinking from focusing on lies to truth

- Listening to biblical teaching on fear
- Talking to those wiser than me

One thing I realized was that

[in order to be obedient to the truth, we have to know the truth.](#)



[Tweet This](#)

As we have already mentioned previously in this study, spending time with Jesus studying his word are crucial elements to becoming doers of the word. Mary told me about a little book called *A Gospel Primer for Christians, Learning to See the Glories of God's Love* by Milton Vincent that really helps the reader to rehearse who you are in Christ and the righteousness that is now yours. It may help you to firmly plant these truths in your mind and heart too. Here is a link to it on CBD. (OnlyByPrayer is an affiliate of CBD, so if you purchase this book from this link, we will receive a small profit from that).



[A Gospel Primer for Christians: Learning to See the Glories of God's Love](#)

By Milton Vincent / Focus Publishing To the Christians in Rome, the Apostle Paul wrote, "I am eager to preach the gospel to you who are at Rome" (Romans 1:15). Evidently, Christians need to hear the gospel even after conversion. *A Gospel Primer for Christians* is designed to do just that. Use this book to preach the gospel to yourself on a daily basis, and be amazed at the difference it can make in your life!

# For Today

Today let's identify if there are any areas of our lives where we are not obeying Jesus. Is there something that you need to let go of or give up? Is there an area that you've been trying to retain control of? Perhaps you're not even aware of it, as I was not. Pray and ask the Holy Spirit to identify it and for the grace to hand it over. Then come up with a plan of how you will walk in freedom. List one or two things that you can do today to work for or maintain your freedom by obeying Jesus' rules.

## Resources:

To help you organize your daily study and record your experiences, please download and print the following PDF, or download the journal app to your favorite Apple device.

- [To Do-ers List Study Guide PDF](#)
- [Days Lite: My Wonderful Life App](#) free app from App Store
- A Gospel Primer for Christians

Don't forget to comment on your experience in the comment section below! Choose your verse/s for today and be a Doer of the Word.

School is in session. *Obey the rules!*

*Jane*

## Previous Sessions of To Do-ers

# List, Back to School:

[Day 1: New Clothes](#)

[Day 2: The Book](#)

[Day 3: Pack a Lunch](#)

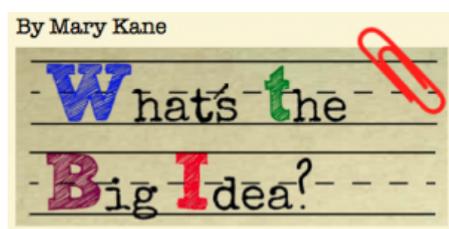
[Day 4: Listen to The Teacher](#)

[Day 5: Study!](#)

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## Bible Journal-Graphics: What's the Big Idea? by Mary Kane

Sometimes we all need a little help organizing our thoughts ... especially when we are doing Bible study. Writing our thoughts on paper helps us to process them; it's the difference from "in one ear and out the other" or planting Bible truths deep in our heart.



Try our latest [Bible Study Journal-graphics](#) page, What's the Big Idea? Use this graphic organizer to analyze the text, identify the main idea of a passage of Scripture, and draw out meaningful details from specific verses. You will love the insights you'll discover as you dig into God's Word!

[Bible Study Journal-graphics](#) make a great companion to any Bible study series. You can also use them to record God's messages to you as you study straight from the Bible. Your small group, discipleship training class or prayer conference will also benefit from this unique study tool.

Download [Bible Study Journal-graphics](#) by clicking on the link below. Be sure to make fresh copies for each day of the week. Please share this graphic organizer with your church family, small group or youth group. You can also share them at your next Bible study meeting or Sunday school class. Enjoy!

## What's the Big Idea?

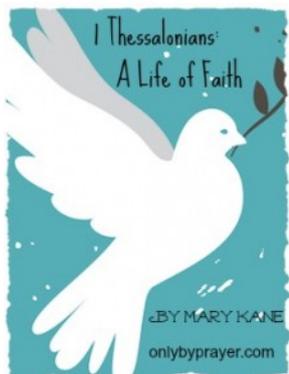
Let us know how you like using Bible Study Journal-graphics in the **Speak Your Mind** section below.

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# 1 Thessalonians A Life of Faith, Part 1: Grace and Peace

Peace out. Peace on earth. Peace of mind.

What comes to your mind when you think of **peace**? According to [www.globalissues.org](http://www.globalissues.org), the world spends about \$2 trillion



dollars every year to keep the peace. We only have to listen to the news for a few moments to realize that our **peace** plan is ineffective. A life of **peace** cannot be bought with earthly currency; it is only purchased through **faith** by the blood of Christ. The world continues to rage, and we continue to face hardships and challenges. But when we live a **life of faith**,

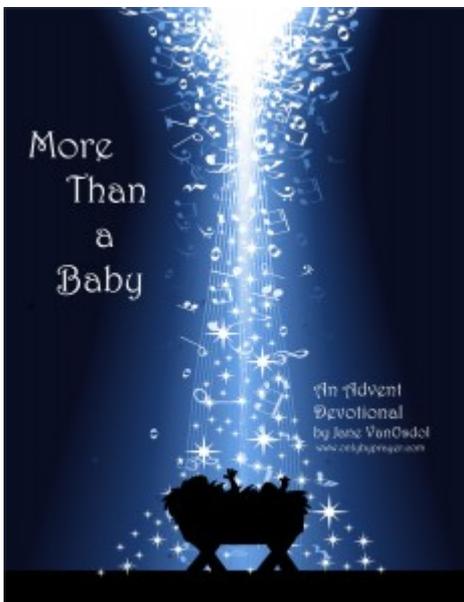
God gives us His grace so we can live in **peace** with Him.

To do today's Bible study, please click on the link below;

# 1 Thessalonians, A Life of Faith: Grace and Peace

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## Advent Devotional Wednesday, December 11, 2013



Welcome to Day 11 of our **Advent devotional**. Today we consider two prophecies of the Bible that foretell of Jesus' birth. It's exciting to see the history behind these stories of the Bible.

If you'd like a bit of background about Advent, please read [Day One's](#) entry. Keep persevering in your desire to draw closer to God during this season of Advent.

To read today's entry, simply click on the link below.

**[Advent Devotional Wednesday, December 11, 2013](#)**